

# Belgian Network of Gastrointestinal Regulatory Mechanisms

## **29 May: World Digestive Health Day**

Today patients and healthcare professionals around the world celebrate World Digestive Health Day (WDHD) to show their respect for and raise awareness of the many patients who suffer from digestive diseases.

To this end, the Belgian Network of Gastrointestinal Regulatory Mechanisms is supporting the efforts of European Society of Neurogastroenterology and Motility (ESNM), and United European Gastroenterology (UEG) who produced the below video to educate the general population about the importance of maintaining a healthy gut and hence, prevent gastrointestinal and other diseases linked to a healthy gut environment.

## **About World Digestive Health Day**

Launched in 2005 by the World Gastroenterology Organisation (WGO), WDHD is held each year to raise awareness of the many people who suffer from a digestive disease. To this end, it focuses each year on a different pressing health issue within the gastrointestinal tract. The theme for 2014 is "Gut Microbes - Importance in Health and Disease".

Link to video: <https://www.youtube.com/watch?v=QE9QWFg-XNs&list=PLXlo9ZPWACj7cm2nyHSC8XQp6INN20U9e&index=2>

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